



SWIMMER CODE OF CONDUCT

The purpose of this Code of Conduct is to establish a consistent expectation for DELTA athletes' behavior in order to foster a positive competitive environment for all its members. All Delta Aquatics Swim Team members agree to the following standards of conduct outlined below in conjunction with the Swimmer Code of Conduct as a member of USA Swimming. ([Article 304. USA Swimming Rulebook](#)).

By accepting this code of conduct, the DELTA swimmer agrees to the following statements:

- ✓ I will treat being a member of this team as a privilege and personally acknowledge the responsibilities associated with it.
- ✓ I will protect and improve the Delta Aquatics' reputation within the swimming community.
- ✓ I will respect and show courtesy to my teammates and coaches at all times.
- ✓ I will demonstrate good sportsmanship and behave in a manner that reflects positively on the team at all functions, including practices, meets and/or team social gatherings.
- ✓ I will set a good example of behavior and work ethic for my younger teammates.
- ✓ I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- ✓ I will punctually attend all team meetings and training sessions unless I am excused by my coach.
- ✓ I will wear my DELTA swimsuit and cap and promote team spirit in all competitions.
- ✓ I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- ✓ I will refrain from foul language, violence, and behavior deemed dishonest, offensive, or illegal.
- ✓ I will refrain from engaging in inappropriate or destructive behavior which includes, but is not limited to fighting, throwing things, horseplay, threatening or intimidating behavior or other disorderly conduct which is disruptive or may endanger the safety of others. Theft and vandalism will not be tolerated. Swimmer's families will be held accountable/financially responsible for all their actions while representing Delta Aquatics.
- ✓ If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- ✓ I will obey all of USA Swimming's rules and all DELTA Swimming rules, including (but not limited to) Safe Sport policies.

I understand that, if I violate this Code of Conduct, I will be subject to disciplinary action determined by the DELTA coaching staff and/or the DELTA Head Coach/CE.